

# *Joy In The Journey*

1

*With sincerity*

Words and music by Sara Lyn Baril

The sheet music consists of four staves of musical notation for voice and piano. The tempo is marked as  $\text{♩} = 80$ . The lyrics are integrated into the musical lines, appearing below the notes. The first staff begins with a piano introduction. The second staff starts with a piano accompaniment, followed by a vocal line. The third staff continues the piano and vocal parts. The fourth staff concludes the piece with a piano accompaniment.

**Lyrics:**

It's Time morn-ing a - gain,  
ne - ver stands still. a brand new day,  
There's always change. and Some -

it be - gins much like yes - ter day.  
times it's a breath of fresh air, Is my glass half full  
but of - ten the twists or does it seem em -  
and turns of this road

leave my I guess it in de - pends. Each But day runs in - to a - no -  
ty. head in a spin. But if I hold - to a pro -

ther.  
mise  
that  
Time flies so fast  
I one  
lose\_track.  
But

there's  
Doubts  
and  
new,  
fears  
fresh  
of  
per -  
spec -  
tive  
if  
I  
can

just  
just  
sit  
for  
back -  
get  
and  
find  
joy  
in  
the

jour -  
ney.  
Thrills  
a -  
long  
the  
way.

Every moment ables - sing; each day bet - ter than

yes - ter - day. E - ven through stops and side - tracks on this

one way train of life, my heart re - mains e - ver thank -

1.

ful that I was al - lowed the ride.

Musical score for piano and voice. The piano part consists of three staves: treble, bass, and alto. The vocal part is in soprano clef. The music is in common time.

Measure 1: The piano accompaniment features eighth-note chords in the treble and bass staves. The vocal line begins with a short rest followed by a melodic line starting on G4.

Measure 2: The piano accompaniment continues with eighth-note chords. The vocal line continues with a melodic line.

Measure 3: The piano accompaniment continues with eighth-note chords. The vocal line continues with a melodic line.

2.

Continuation of the musical score. The piano accompaniment consists of three staves: treble, bass, and alto. The vocal part is in soprano clef. The music is in common time.

Measure 4: The piano accompaniment features eighth-note chords. The vocal line begins with "ride." followed by lyrics: "My heart re-mains e - ver thank - ful that I".

Measure 5: The piano accompaniment features eighth-note chords. The vocal line continues with the lyrics. A dynamic marking "rit." appears above the piano staff.

Measure 6: The piano accompaniment features eighth-note chords. The vocal line continues with the lyrics. A dynamic marking "a tempo" appears above the piano staff.

Continuation of the musical score. The piano accompaniment consists of three staves: treble, bass, and alto. The vocal part is in soprano clef. The music is in common time.

Measure 7: The piano accompaniment features eighth-note chords. The vocal line begins with "was al - lowed the \_\_\_\_\_ ride." The vocal line ends with a short rest.

Measure 8: The piano accompaniment features eighth-note chords. The vocal line continues with the lyrics.

Measure 9: The piano accompaniment features eighth-note chords. The vocal line continues with the lyrics.

Continuation of the musical score. The piano accompaniment consists of three staves: treble, bass, and alto. The vocal part is in soprano clef. The music is in common time.

Measure 10: The piano accompaniment features eighth-note chords. The vocal line begins with a short rest followed by a melodic line starting on G4.

Measure 11: The piano accompaniment features eighth-note chords. The vocal line continues with a melodic line.

Measure 12: The piano accompaniment features eighth-note chords. The vocal line continues with a melodic line. A dynamic marking "rit." appears above the piano staff.